

Community Hotline COVID-19 Useful Information

Organisation	Contact details	Website or social media	What they provide or can help with
Assistance with Accommodation			
CentreCare	9498 9200	Accommodation & Support	Telephone service for individuals, couples and families at risk of homelessness. Monday - Friday, 9am to 5pm
Crisis Care Helpline	9223 1111		Telephone information service for people in crisis needing urgent help. 24 hours, 7 days per week
Entrypoint	1800 124 684 (free from any phone)		Homeless assessment and referral service Monday - Friday, 9am to 7pm and Saturday 9am-5pm
HD Streetwise	9350 5111 or 0400 500 814		Telephone emergency services and support for young adults. Monday - Friday, 9am to 5pm
Starick Services	Support worker: (08) 9458 1107 Urgent Help: 9223 1111 or 1800 199 008	www.facebook.com	<ul style="list-style-type: none"> Crisis Accommodation Housing of Women in the Community (HOWIC) Outreach Counselling Monday, Tuesday, Thursday and Friday, from 9am to 5pm
Assistance with shopping deliveries			
Ethiopian Orthodox Church	Hailee Gebrezgabher 0411 054 708		Support with shopping and medical deliveries. Monday - Saturday, 8am to 6pm
United In Diversity WA Inc.	0412 543 542		Support with shopping deliveries. Monday - Sunday, 8am to 5pm
Disability Services			
EDAC (Ethnic Disability Advocacy Centre), KDA (Kimberley Disability Advocacy) PDA (Pilbara Disability Advocacy)	Reception: 9388 7455 or 1800 659 921	www.edac.org.au	Provides individual and systemic advocacy services for people with all types of disability including physical, sensory, intellectual and psychiatric conditions. Telephone, email and secure on line support and advocacy services. Monday - Friday, 9am to 5pm.
Cahoots Connects	1300 103 880	www.cahoots.org.au	Free essential shopping delivery service for people with a disability. Monday - Friday, 8:30am to 4:30pm.
Domestic Violence Services			
CentreCare - Gosnells	9498 9200	www.centrecare.com.au	Family and domestic violence services in Metropolitan area. Monday - Friday, 9am to 5pm
Crisis Care	9223 1111 Free Call: 1800 199 008		
Men's Domestic Violence	9223 1199 Free Call: 1800 000 599		
Multicultural Communities Council of WA	6196 2818	www.mccwa.org.au	Emergency relief service for victims of the domestic and family violence from CaLD backgrounds. Emergency relief pack includes food, medication, clothes and fuel vouchers. Monday-Friday, 9am to 4pm
Sexual Assault Resource Centre	6458 1828 Free Call: 1800 199 888	www.kemh.health.wa.gov.au	For people affected by sexual assault, including rape; and sexual abuse and Family members and partners of a person who has experienced sexual violence. Crisis Counselling Operates: Monday - Sunday, 8:30am to 11pm
Starick Services	Support worker: 9458 1107 Urgent Help: 9223 1111 or 1800 199 008	www.facebook.com www.starick.org.au	<ul style="list-style-type: none"> Crisis Accommodation Housing of Women in the Community (HOWIC) Outreach Counselling Monday, Tuesday, Thursday and Friday, from 9am to 5pm
Women's Domestic Violence Helpline	9223 1188 Free Call: 1800 007 339		
Women's Health & Wellbeing Services	9323 1200	www.whws.org.au	Providing advocacy & support for people escaping Domestic Violence. Monday - Friday, 9:30am to 12pm and 12:30pm to 4pm
Financial Counselling and Support, Tenancy and DV Support			
Gosnells Community Legal Centre	9398 1455	www.gosclc.com.au	Domestic Violence legal service, financial counselling, tenancy advice and education. Tuesday - Friday, 9:30am to 12:30pm and 1:30pm to 3:30pm
Jacaranda Community Centre	9477 4346	www.jacarandacommunitycentre.org.au	Telephone and online delivery of financial counselling and emergency relief to people in the south east corridor. Monday - Friday, 9am to 12pm and 12:45pm to 4:30pm (Fridays until 3pm)
St Vincent de Paul	1300 794 054		Telephone appointments for financial counselling and bill assistance. Monday - Friday, 9am to 1pm
Food Hampers			
Real Life Church	Rochelle or Kevin 9398 7170		Food hampers and take away morning tea. Wednesday and Friday, 10am to 12pm Shower truck available on Fridays Located at 114 Lissiman Street, Gosnells
The Salvation Army Gosnells	9398 2244		Food Hamper deliveries for those experiencing hardship during COVID-19 Call to register on: Wednesday - Friday, 9am to 11:30pm
Mental Health			
Anglicare WA	1300 114 446	www.facebook.com	Counselling and advocacy for people in crisis or experiencing trauma.
Beyond Blue	1300 22 4636	www.beyondblue.org.au	Telephone counselling for anxiety and stress. 24 hours, 7 days per week
CentreCare - Gosnells	9498 9200		Counselling and support services. Monday - Friday, 9am to 5pm
From the Heart WA	9340 1622		Telephone counselling. Monday and Thursday, 9am to 4:30pm and Tuesdays from 8am to 2pm
Headspace	9393 0300	www.headspace.org.au	Clinical and physical health services for young people by appointment. Monday - Friday, 9am to 5pm
HelpingMinds	9427 7100		Mental health support to families and friends of people living with mental health challenges. Monday - Friday, 8:30am to 4:30pm
Lifeline	Call: 13 11 14 Text: 0477 13 11 14 Crisis Care: 9223 11 11	www.lifeline.org.au	Lifeline WA's mission is to prevent suicide, support people in crisis and create equal opportunities for emotional wellbeing. 24 hours, 7 days per week
Relationship Australia Gosnells	6164 0460		Provides phone counselling (you have to call and leave a message and they will call you back to organise a session) Monday - Friday, 9am to 5pm
RUAH	13 78 24	www.ruah.org.au	Mental health, wellness, housing, homelessness and family and domestic violence services. Monday - Friday, 8:30am to 4:30pm
SANE Mental Illness Helpline	9682 5933 or 1800 187 263		Telephone counselling. 24 hours, 7 days per week
Suicide Call Back Service	1300 659 467	www.suicidecallbackservice.org.au/	National online services for people impacted by suicide. 24 hours, 7 days per week
QLife	1800 184 527	www.qlife.org.au	Counselling and referral service for LGBTI+ people experiencing poor mental health. Monday - Sunday, 3pm to 12am
Multilingual Services/info on COVID-19			
Homeward		www.assistedreturns.com.au	Counselling service to support to assist non-Australian citizens to return to their home country.
Multicultural Communities Council of WA	6196 2818	www.mccwa.org.au	Emergency relief service for victims of domestic and family violence from CaLD background. Emergency relief pack includes food, medication, clothes and fuel vouchers.
SBS Multilingual Coronavirus Portal		www.sbs.com.au	Translation for news and information about COVID-19 available in 63 languages.
Senior Services			
My Aged Care	1800 200 422		Established by the Australian Government, This service can help you find and access the right government-funded aged care services. Monday - Friday, 8am to 8pm and Saturdays: 10am to 2pm
White Ribbon Australia	1800 737 732		National sexual assault, family and domestic violence counselling line for any Australian who has experienced, or is at risk of, family and domestic violence and/or sexual assault. 24 hours, 7 days per week
CarersWA	1800 007 332		Counselling support services for carers and their families. Monday - Friday, 8:30am to 4:30pm
Mensline	1300 789 978		A telephone and online support, information and referral service, to assist men dealing with relationship problems in a effective way. 24 hours, 7 days per week
Mens Referral Service	1300 766 491		This service offers assistance, information and counselling to help men who use family violence. Call if you would like help with male behavioural and relationship concerns. Monday - Friday, 8am to 9pm and Weekends: 9am to 5pm
St Vinnies	6323 7500		Financial Support/Counselling Monday - Friday, 8:30am to 4:30pm
Advocare	1300 724 679 or 9479 7566		WA Elder Abuse Helpline Monday - Friday, 8:30am to 4:30pm (AWST) excluding public holidays.
Alzheimer's WA	1300 667 788	www.alzheimerswa.org.au	Individual support, carers support online, wellness checks, shopping services. Monday - Friday, 9am to 5pm.
Volunteering			
COVID-19 Emergency Volunteering		www.emergency.volunteer.org.au/	Volunteer opportunities to assist in delivering essential services to vulnerable people in our community.
ER Connect		www.erconnect.org.au/	Online directory of emergency relief service providers with information, phone numbers and operating hours of each service.